

Monday

Tuesday

Wednesday

Thursday

Friday

Grab & Go Carts in all schools.

Cart Choice: First item listed on the menu/Juice

OR 2 oz. WG Cereal/ Juice

May also take fresh fruit and/or milk with either choice

Traditional Breakfast served in dining area of cafeteria.

Dietary Information Available: www.patrick.k12.va.us

Breakfast Bun 6
Mini Maple Pancakes

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Chocolate Crescent 7
Chicken Biscuit

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Mini Cinni 1
WG Biscuit/Gravy

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Strawberry Mini Bagel 2
Yogurt/ Fruit & Granola Parfait

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Chocolate Chip Muffin 3
French Toast Sticks/ Syrup

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Mini Cinnis 13
Scrambled Eggs & WG Toast

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Strawberry Mini Bagel 14
Glazed Donuts

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Chocolate Chip Breakfast Bar 15
WG Biscuit with Gravy

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Breakfast Bun 16
Sausage WG Biscuit

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Chocolate Chip Muffin 17
Breakfast Pizza

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Chocolate Crescent 20
WG Biscuit/Gravy

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Strawberry Mini Bagel 21
Chicken Biscuit

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

MANAGER'S CHOICE 22

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

MANAGER'S CHOICE 23

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

Blueberry Muffin 24
Pancake on a Stick

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.



MANAGER'S CHOICE 28

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

MANAGER'S CHOICE 29

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

MANAGER'S CHOICE 30

May take one item listed below with toast:
Cereal, Pop Tart, or String Cheese
Must take fresh fruit or juice, may take both.
May take milk.

BREAKFAST: 31

**Must offer at least four food items from the three required components (fruit, grains, milk).
The student must select three food items, including at least ½ cup fruit, to have a reimbursable meal.**

“USDA is an equal opportunity employer and provider.”

Thank you to everyone for supporting your school nutrition program this year.

Your school nutrition staff would like to wish you all a happy & safe summer!

See you in August!