



Elementary Lunch \$1.85
 High School Lunch \$1.95
 Reduced Lunch 40¢
 Adult Lunch \$3.00

Dietary Information available:
www.patrick.k12.va.us
 Division Information
 Departments
 Food Services



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Cheesesticks/Pizza Sauce ② 1
 Honey BBQ Pork Rib on Bun
 Coleslaw/Pickles/Onions
 Green Beans
 Fruit Cup/ Fresh Fruit
 Cookie
HS: Southwestern Soup/Crackers

Tuesday

Italian Pasta Bake/Roll 2
 Chicken & Gravy/Roll
 Steamed Broccoli
 Pinto Beans
 Fruit Cup/Fresh Fruit
**High School: Corn Salad
 Apple Honey Crisp**

Wednesday

Corn Dog 3
 Taco Soup/Cornbread
 Mexican Rice
 Lima Beans
 Quick Baked Potato
 Fruit Cup/ Fresh Fruit
High School: Cabbage Sauté

Thursday

Popcorn Chicken 4
 Deli Turkey Croissant
 Buttered Corn
 Lettuce/Tomato
 Blueberry Soup/Fresh Fruit
 Gingerbread
High School: Mashed Potatoes

Friday

Chicken Fillet on Bun 5
 Pork BBQ on Bun
 Vegetable Chili/Crackers
 Lettuce/Tomato/Coleslaw
 French Fries
 Fruit Cup/Fresh Fruit
High School: Vegetable Medley

Hotdog/Chili ④ 8
 Fish Sandwich
 Coleslaw
 Baked Beans
 Fruit Cup/Fresh Fruit
High School: Green Peas

Vegetable Jalapeno Wrap 9
 Chicken Nachos
 Tostitos Salsa
 Potato Cubes
 Fruit Cup/Fresh Fruit
 Banana Bread
High School: Creamed Spinach

Spaghetti/Roll 10
 Cheesesticks/Pizza Sauce
 Tossed Salad
 Corn
 Fruit Cup/Fresh Fruit
**High School: Steamed Broccoli
 Royal Brownie**

Hamburger 11
 Honey BBQ Pork Rib
 Lettuce/Tomato
 Coleslaw/Pickles/Onions
 Green Beans
 Fruit Cup/Fresh Fruit
High School: Cheesy Potatoes

Arroz con Pollo/Roll 12
 Cheese Enchilada
 Salsa
 Steamed Broccoli
 Glazed Carrots/Shrimp Sauce
 Fruit Cup/Fresh Fruit
High School: Black Bean Corn Salad

Pizza ③ 15
 Pork Carnita
 Mexican Rice
 Sautéed Peppers/Onions
 Sweet Potato Fries
 Fruit Cup/Fresh Fruit
High School: Tomato Soup/Crackers

Pork Patty with Gravy/Roll 16
 Chicken Pot Pie
 Honey Roasted Sweet Potatoes
 Corn
 Spiced Apples/Fresh Fruit
High School: Lima Beans

Hamburger/ Lettuce/Tomato 17
 Pasta Primavera/Roll
 Turnip Greens
 Pintos
 Fruit Cup/Fresh Fruit
 Cookie
High School: Confetti Corn Salad

Roasted Turkey/Gravy/Roll 18
 Ham/Roll
 Stuffing
 Mashed Potatoes
 Green Beans
 Fruit Cup/Fresh Fruit
High School: Yellow Squash/Onions

Chicken Fillet on Bun 19
 Pork BBQ on Bun
 Vegetable Chili/Crackers
 Lettuce/Tomato/Coleslaw
 French Fries
 Fruit Cup/Fresh Fruit
High School: Vegetable Medley

MANAGER'S CHOICE 22

MANAGER'S CHOICE 23

MANAGER'S CHOICE 24

MANAGER'S CHOICE 24

MANAGER'S CHOICE 26

MEMORIAL DAY 29

30

Lunch: 31
 Must offer food items containing
 Five components (fruit, vegetables,
 grains, meat, milk). The student must
 select three food components, including
 at least ½ cup fruit or vegetable, to
 have a reimbursable meal

